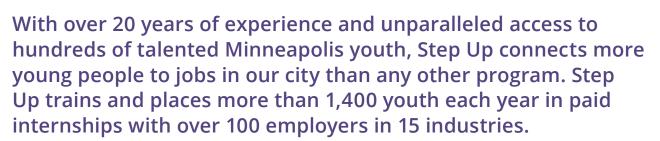






stepup



Step Up helps organizations diversify their workforce and build a competitive pipeline of young, skilled workers for the entire region. Since 2003, Step Up has provided over 34,000 paid experiences in partnership with businesses large and small.



Zihaam completed four Step Up internships at Pillsbury United Communities, U.S. Bank, and Chef Jeff Catering, which helped her discover her interest in management information system careers. "My many internship projects helped me gain confidence and skills in time management, communication, problem-solving and leadership," she says. In 2022, Zihaam was honored as a 2022 Step Up Intern of the Year.

STEP UP INTERNS

92% youth of color

85% youth from low-income families

49% youth from immigrant families

24% youth with disabilities

SUPPORTING INTERN SUCCESS

- Work readiness training builds job and career skills
- Interns are carefully matched with employer opportunities
- Coaching and support is provided throughout the program
- Eligible participants can earn academic credit

stepup + your organization

Step Up provides internships at employers of all sizes in every sector—from large Fortune 500 companies and small businesses, to government agencies and nonprofits.

Through Step Up, interns get their foot in the door, discover new careers and show you what they're capable of. Their unique voice and ideas can change the future of work.

From the most basic to the most advanced tasks, our team can support you in creating high-quality internships that are a good fit for your organization.



- Prepare to compete in a global market by building a pipeline of dynamic, diverse workers.
- Learn how to make your workplace more welcoming by bringing in new energy, skills and fresh perspectives.
- Provide professional development opportunities for junior staff to be supervisors for the first time.
- Interns get real work done. Nearly 90 percent of supervisors say their intern made a valuable contribution to their workplace.
- Count on our Step Up job coaches, who provide support throughout the internship.

BECOME A STEP UP EMPLOYER





Begin planning internships with our team and submit a Jobs Pledge Form.



March 15

Submit a Job Description Form for each unique internship.



















Summer internships begin this week.

SELECT STEP UP EMPLOYERS

Accenture

Boston Scientific

Hennepin County

M Health Fairview

Mercury Mosaics

MIGIZI Communications

City of Minneapolis

Minneapolis Public Schools

U.S. Bank

University of Minnesota

Wold Architects and Engineers

Xcel Energy

"Our intern Vanessa has far exceeded expectations. They are a wonderful personality to have around the office and have contributed greatly to our agency's overall mission."

Andrew, University of Minnesota